



Dates and Programme for 2019

This year's programme:

Mon 1st July - A History of Clogs - Alex Fisher

Tues 13th August - Dr Rocci Consultant Haematologist,
MRI

Mon 9th September - Visit to Pathology Laboratory,
Royal Oldham Hospital

Mon 23rd September - Mindfulness - Chris Green

Tues 5th November - The Galapagos - Russ Hedley

Mon 9th December - Christmas lunch

All meetings, except the Visit to Path Lab and Christmas Lunch, will be held in the Elizabethan Suite, Bury Town Hall at 1:00 pm

Committee Members

Our full committee is as follows:

Chair - Stephanie Skinner 01706 662388

Secretary - Joan Smith 0161 766 4669

Treasurer - Mel Smith 0161 766 4669

Committee Members -

Ann Urmston 0161 653 6174

Chris Hodgson 0161 654 8963

Future Items

Future items. If you have any items for future newsletters please contact Joan Smith 0161 766 4669 or joansmith.parrfold@btinternet.com



West Pennine Myeloma Support Group

Issue 60

June 2019

Next Meeting

Our next meeting will be at 1 pm on **Monday 1st July 2019.**

Our Speaker will be Alex Fisher on the History of Clogs.



'Sibby'

At the last meeting Elizabeth Sibbering (known as Sibby) gave us an interesting talk on Workhouses and Asylums. She talked about the history of providing this form of relief and highlighted the institutions locally. She explained about the conditions in the workhouses as well as the asylums. We were I think surprised by the scale of the provision. Maybe not the most cheerful topic but made one realise it was not always the 'good old days'!

Afternoon Tea at Summerseat Garden Centre

24 Members enjoyed afternoon tea at Summerseat. We had a beautiful warm sunny day so a chance to look round the plants as well.

MYEWORD

Puzzles

Y	H	P
S	O	Y
I	R	C

Trackword 8

Can you find the **9** letter word by tracking from one square to the next, going up, down, sideways or diagonally but only using each square once?

On the move

Joan and Mel have now moved in to their new home. Their phone number remains the same as before. Chris & Christine Hacking are also moving. They are living in their caravan whilst work is being done so if you wish to contact them try Christine's mobile (see back page).

Orange Myeloma t-shirts

Having moved, Joan and Mel do not have as much storage space. Some time ago Myeloma UK gave us a number of orange t-shirts for free. If you would like one please help yourself from the bundle we will bring to the next meeting. Feel free to wear these distinctive shirts for whatever you wish and not just for myeloma events!



Open Top Bus Tour (Tuesday, June 18th)

On June 18th 17 members enjoyed the Manchester Open Top Bus Tour. Given the recent weather the sun shone, although it was a bit breezy on the open top deck! I think we all learnt something new about Manchester /Salford and I, for one, was amazed at the amount of new building going on.

For our next trip see below.

Pathology Lab visit

We have booked a visit to the Path Lab at Royal Oldham Hospital on Monday 9 September 2019 at 10.30 am

This will be your opportunity to find out what happens to your bloods. We will take bookings for this trip at the meeting.

