



Dates and Programme for 2019

This year's programme:

Tues 13th August - Dr Rocci Consultant Haematologist,
MRI

Mon 9th September - Visit to Pathology Laboratory,
Royal Oldham Hospital

Mon 23rd September - Mindfulness - Chris Green

Tues 5th November - The Galapagos - Russ Hedley

Mon 9th December - Christmas lunch

All meetings, except the Visit to Path Lab and Christmas Lunch, will be held in the Elizabethan Suite, Bury Town Hall at 1:00 pm

Committee Members

Our full committee is as follows:

Chair - Stephanie Skinner 01706 662388

Secretary - Joan Smith 0161 766 4669

Treasurer - Mel Smith 0161 766 4669

Committee Members -

Ann Urmston 0161 653 6174

Chris Hodgson 0161 654 8963

Ian Hodgson 0161 654 8963

Christine Hacking 0161 652 4625

Future Items

Future items. If you have any items for future newsletters please contact Joan Smith 0161 766 4669 or joansmith.parrfold@btinternet.com



West Pennine Myeloma Support Group

Issue 61

August 2019

Next Meeting

Our next meeting will be at 1 pm on
Tuesday 13th August 2019.

Our Speaker will be Dr Rocci, Consultant Haematologist at Manchester Royal Infirmary, on new treatments and side effects of treatments

Claire Houghton, Head of
Income Generation Myeloma UK



At the last meeting our original speaker Alex Fisher was no longer able to come due to a family bereavement. We were particularly grateful therefore for Claire, who was originally just coming to visit our support group, for stepping into the breach and talking about fundraising in Myeloma UK. Claire pointed out that it costs over £4million a year to run Myeloma UK. All this money has to be raised as there is no government funding as it is a charity. Claire highlighted the services that this money provides from research to InfoLine and from publications to InfoDays.

MYEWORD

Puzzles

Answer to Trackword 8 was HYPOCRISY.

E	R	C
U	T	U
T	B	P

Trackword 9

Can you find the 9 letter word by tracking from one square to the next, going up, down, sideways or diagonally but only using each square once?

A different sort of puzzle No2!

Walking

If I walk: north 2 miles, west 1 mile, south 3 miles, west 2 miles and north 1 mile.

In which direction and how far do I need to walk to return to my starting point?

Answer in the next issue!



Christmas Lunch - Monday December 9th

We hope to decide our venue for Christmas lunch soon. So far the suggestions are Hopwood Hall College Restaurant in Rochdale, Rochdale Town Hall and Bury College Restaurant. If you have any other suggestions let us know at the next meeting so we can get menus.



Pathology Lab visit

The visit to the Path Lab at Royal Oldham Hospital will be on Monday 9th September 2019 at 10.30 am

This will be your opportunity to find out what happens to your bloods. We will take bookings for this trip at the August meeting. If you are not able to come to this meeting but wish to come on this trip, let Joan know (email joansmith.parrfold@btinternet.com or Tel 0161 766 4669) so we can tell the Path Lab how many to expect.

Myeloma UK E-newsletter for Support Groups



Myeloma UK are starting newsletters for support groups. These are electronic and if you follow the link below you can sign up for them.

<https://www.myeloma.org.uk/help-and-support/support-group-e-newsletter-sign-up/?bblinkid=159264938&bbemailid=13902283&bbejrid=1060491243&fbclid=IwAR2cFxRfSJhkqhArO7RbvdfXQlslkgpPqfrbXvQpLzeYPIjTmbhi94hFrKw>