

## Dates and Programme for 2020



- Monday 29 June – Dr J Cavet, Consultant  
Haematologist, Christie Hospital **Postponed**
- Tuesday 11 August – History of Clogs – Mr N Bishop
- Monday 21 September – Dr J Cavet, Consultant  
Haematologist, Christie Hospital
- Tuesday 3 November – Stress Management,  
Susana Castro, Healthy Minds, Bury
- Monday 14 December – Christmas lunch

**Puzzle:** A bit different this time. Thanks to  
Christine for this.

### What Chocolate is each clue describing?

1. Talk quietly
2. Spin around
3. It's a party
4. Outside meal
5. Big bus
6. Sly giggles
7. Garden flowers
8. Ten cent pub
9. High class thoroughfare
10. Fasteners



# MYEWORD

West Pennine Myeloma Support Group

Issue 69

June 2020

### Next Meeting?

Unfortunately the June meeting is also cancelled. We are delighted however that Dr Cavet has agreed to move his slot to September - all being well.

In the meantime I hope you keep safe and well and enjoy this somewhat different newsletter.

### On line meeting?

We wondered if any of you would like to meet virtually, either via 'Skype' or via 'Zoom'. If you can let Joan know by 22 June this will give us time to organise. If you are able to use either of these platforms do tell us as we will use whatever is the most popular. We will meet virtually on Monday 29 June at 1.00 pm.

## What have you been doing whilst in self-isolation?

That was the question we asked of the committee and were astonished and delighted to receive two poems in response which we featured in our last newsletter. No poems this time but this is what the rest of the committee have been doing:

### Chris and Christine Hacking

Chris says in the morning they do household jobs and spend the afternoons reading in the conservatory. They managed to get some plants delivered so were busy planting these in the garden too. In the evenings they watch TV and particularly like James Martin which they record and watch in the evening. Of course like many they are spending time talking to family and friends via phone and the internet.

### Stephanie Skinner has been busy knitting

Stephanie was asked if she was still knitting and she has spent some of the time knitting for a neighbour who was expecting a grandchild. You can see the fruits of her labour with this toy, a beautiful cardigan and cot blanket.



## Joan & Mel

Joan and Mel have been kept busy. As some of you will know we moved house last year and didn't really get to grips with the garden. Mel has been busy painting all the fences and the walls of the raised bed (See Photo). We have also tried to get some more plants and make the garden more colourful. Joan mostly advises with this but has done some weeding.



Joan is busy learning Spanish and has continued with her classes via Skype (hola, cómo te vas? – hello, how is it going?). Her tai chi teacher has started classes via Zoom, as has her Zumba teacher. They have both adjusted the class to allow for lack of space.

As well as continuing to go cycling and jogging, Mel has been busy holding weekly maths lessons with our two young grandsons. This is quite a challenge as he has to find interesting work for young children as he is used to teaching adults. We also have chat sessions with friends via WhatsApp, Skype and Zoom so our IT skills are improving!!