

## Dates and Programme for 2021

Tuesday 9 November - Samaritans  
Monday 13 December – Christmas lunch



## Committee Members

Chair - Christine Hacking 07980 398109  
Secretary - Joan Smith 0161 766 4669  
Treasurer - Mel Smith 0161 766 4669

Stephanie Skinner - 01706 662388  
Chris Hodgson - 0161 654 8963  
Ian Hodgson - 0161 654 8963  
Martyn Warburton - 0161 797 9730



## Dates for 2022

We have started to plan the programme for next year and will take other ideas at our AGM in January.

Monday 10 January – AGM and Quiz  
Tuesday 22 February – Fusilier Museum – Paul Dalton  
Monday 4 April – Welfare Benefits  
Tuesday 17 May – Dr Phil Crea, Consultant Haematologist MRI  
Monday 27 June - tbc  
Tuesday 9 August - tbc  
Monday 19 September – Underground Manchester, Keith Warrender  
Tuesday 1 November -tbc  
Monday 12 December - Christmas Lunch



West Pennine Myeloma Support Group

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## Next Meeting

Our Next meeting will be on **Tuesday 9th November** at the normal time of **1.00 p.m.** As the Elizabethan Suite is being used as a Vaccination Centre we are continuing to meet in the **Fusilier Museum** on Moss Street. Directions and full address are below.

Our speaker will be from The Samaritans on the work that they do.

## Venue

As we still don't know when the Elizabethan Suite can reopen, at our last meeting we agreed to stay at the **Fusilier Museum, Moss Street, Bury, BL9 0DF** for next year. (See Below)

Please note that we ask you to follow COVID guidelines, wear a mask on entry, hand sanitise and keep socially distanced.

## Future Items

If you have any items for future newsletters or mini reports on the meetings please contact Joan Smith 0161 766 4669 or [joansmith.parrfold@btinternet.com](mailto:joansmith.parrfold@btinternet.com)

MYEWORD

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## Previous meeting (Dr Rudralingham)

Dr Rudralingham, Consultant in Oral Medicine talked about Graft versus host disease (GVHD) which can affect people who have donor stem cell transplants. She also talked about osteonecrosis of the jaw which can occur following certain dental treatments if people have been on bisphosphonates or zometa or equivalent. She stressed importance of letting the dentist know if you have been on such treatments. Finally, she also talked about the importance of keeping a healthy mouth and tips for doing so. Dr Rudralingham kindly offered that if anyone has any queries she can be contacted by email on [Meenakshi.Rudralingham@mft.nhs.uk](mailto:Meenakshi.Rudralingham@mft.nhs.uk)

## Christmas Lunch

We agreed to go to Owen's restaurant, in Ramsbottom, this year for our Christmas Lunch. This will be on **Monday 13 December at 12 noon**. If you have not already booked a place but wish to go please tell Joan as soon as possible so she can adjust the numbers. The menu for the lunch is attached. Please give Joan your choices at the November meeting along with your £10 contribution to the cost, the rest being borne by group funds.

## Christmas Cards

If you have not yet bought Christmas cards you might like to consider buying them from Myeloma UK as the profits go to the charity. You can see the designs and order online.



## Venue - Fusilier Museum

Our meetings will be at the **Fusilier Museum, Moss Street, Bury, BL9 0DF**.

This is in the town centre, near the Town Hall. There is on street parking nearby (free if you are a blue badge holder) and it is only a few minutes walk from the Bury Interchange. We will ensure there is someone to direct you at the museum.



Town Hall

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