

## Dates for 2022



Tuesday 9 August - Dietician, Juanita Templeton  
Monday 19 September – Underground Manchester, Keith Warrender  
Tuesday 20 September - Visit to Manchester Cathedral  
Tuesday 1 November - What do blood tests mean?  
Amanda Lane, Advanced Nurse Practitioner  
Monday 12 December - Christmas Lunch

## Committee Members

Chair - Christine Hacking 07980 398109  
Secretary - Joan Smith 0161 766 4669  
Treasurer - Mel Smith 0161 766 4669  
  
Chris Hodgson - 0161 654 8963  
Ian Hodgson - 0161 654 8963  
Martyn Warburton - 0161 797 9730  
Karen Lees - 0161 761 3699

## Future Items

If you have any items for future newsletters or mini reports on the meetings please contact Joan Smith 0161 766 4669 or [joansmith.parrfold@btinternet.com](mailto:joansmith.parrfold@btinternet.com)

Puzzle: Answer to Trackword 14: **'GOLDCREST'**



MYEWORD

West Pennine Myeloma Support Group

Issue 88

July 2022

## Next Meeting

Our Next meeting will be on **Tuesday 9th August** at the normal time of **1.00 p.m.** Our speaker will be Juanita Templeton who is a Dietician.

*Because the incidence of Covid continues to be high please ensure you wear a mask on entry and when walking around the room, hand sanitise on entry and please do a lateral flow test on Monday or Tuesday morning. We want to continue to meet in person, but safely.*

## Fish and chips lunch?

After the recent enjoyable afternoon tea there was a suggestion that we go out for a fish and chips lunch! So, we are looking for suggestions of places that serve

'good' fish and chips and that have room inside for 15-20 people. Please bring any suggestions of chip shops you would recommend to the next meeting.



## Sad News

Joyce Bargh sadly passed away on 2 July. Joyce joined the group in 2015 but despite numerous treatments never experienced any long periods of remission. Despite this Joyce was always smiling and uncomplaining. We send our sincere condolences to her husband David, her three sons Kinburn, Ivan and Angus and other members of the family. Representatives from the group attended Joyce's memorial service on 13 July which included a moving tribute from her sons.



## Visit to Manchester Cathedral

Our next group outing will be to Manchester Cathedral. We will be going on **Tuesday 20 September 2022** at 11.00. (Note this is not the date we agreed at the meeting as there was a function on in the Cathedral on that day.) We will take bookings for the trip at our next meeting.



## Previous meeting continued:

In addition, Eiman mentioned that 'Fight for Justice' who provide advocacy for disabled people on 0161 672 7444. will also advise and help with these benefits.

## Previous meeting - 'Access and entitlement to 'Welfare Benefits' – Apply Now!

At our June meeting guest speaker Berni Vose, Welfare Rights Advisor from Gateway M40, gave an interesting and informative perspective on the topic of 'Welfare Benefits'. Covering the diverse range of benefits members could be eligible to claim for depending on their individual circumstances, the initiation and completion of the application process and, how to appeal if the outcome proves not to be a positive one, Berni urged members to seek expert advice and to 'apply, apply, apply'.

Benefits discussed included Personal Independence Payments (PIPs), Disability Living Allowance (DLA), Attendance Allowance (AA), Employment Support Allowance (ESA), Carers Allowance, Carers Premium...all of which are claimed via the Department of Work and Pensions (DWP). Notes were circulated on some of these key benefits outlining both payment rates and accompanying DWP contact telephone numbers should members wish to make general enquiries / claims. Access to Disabled Facilities Grants, which are administered via local councils, was also discussed.

Both existing and new member attendees asked questions which were answered with gusto. For those requiring more complex responses members were encouraged to contact Berni directly via e-mail or telephone (details below) and she would do her best to help. She did state that currently, with only working one day a week, getting back to members immediately could sometimes be problematical but any enquiries would not be forgotten. Members thanked Berni for her presentation and in particular for providing an increased awareness surrounding 'all things welfare benefits'. It was very much appreciated.

Berni Vose : Gateway M40, Wilsons Park, Monsall Road, Manchester, M40 8WN. telephone : 0161 202 3511

e-mail : [info@gatewayM40.org](mailto:info@gatewayM40.org) : [www.gatewayM40.org](http://www.gatewayM40.org)