

## Dates for 2022



Monday 27 June - Welfare Benefits, Berni Vose  
Tuesday 9 August - Dietician, Juanita Templeton  
Monday 19 September - Underground Manchester, Keith Warrender  
Tuesday 1 November - What do blood tests mean?  
Amanda Lane, Advanced Nurse Practitioner  
Monday 12 December - Christmas Lunch

## Committee Members

Chair - Christine Hacking 07980 398109  
Secretary - Joan Smith 0161 766 4669  
Treasurer - Mel Smith 0161 766 4669  
  
Chris Hodgson - 0161 654 8963  
Ian Hodgson - 0161 654 8963  
Martyn Warburton - 0161 797 9730  
Karen Lees - 0161 761 3699

## Future Items

If you have any items for future newsletters or mini reports on the meetings please contact Joan Smith 0161 766 4669 or [joansmith.parrfold@btinternet.com](mailto:joansmith.parrfold@btinternet.com)



MYEWORD

West Pennine Myeloma Support Group

Issue 87

June 2022

## Next Meeting

Our Next meeting will be on **Monday 27th June** at the normal time of **1.00 p.m.** The topic will be '**Welfare Rights**' with Berni Vose.

*Because the incidence of Covid continues to be high please ensure you wear a mask on entry and when walking around the room, hand sanitise on entry and please do a lateral flow test on Monday or Tuesday morning. We want to continue to meet in person, but safely.*

## Myeloma UK - Digital Infoday session

On Wednesday July 6th from 5pm-6pm there will be a digital online session on **Living with Uncertainty**. This session is for patients at all stages of myeloma to hear about how you can manage to deal with the uncertainty of living with a treatable, but incurable cancer. You can register on the Myeloma UK website.



### Trip - Afternoon Tea

We had a very pleasant afternoon on 9 June with 25 members coming for Afternoon Tea at Falshaws. Everyone seemed to agree the food and service were excellent and we even had a chance to take some home! It was also an opportunity to celebrate June's special birthday (psst she's 90) and also to welcome new members Vivienne and Stephen. (I was quite taken with the green ride-on tractors, diggers etc outside but don't think I would fit into any of them!)



### Previous meeting - 'A Multiple Myeloma Journey'.

At our May meeting members warmly welcomed Dr Philip Crea, Consultant Haematologist at Manchester Royal Infirmary, who gave a most informative and interesting presentation in respect of current and developing treatments for Multiple Myeloma patients.

Taking members through a myeloma journey - from myeloma definition (what is it?), the impact on cells and the body, initial diagnosis, treatments including chemotherapy and drug therapy (differing combinations explained), stem cell transplants and types, treatment side effects, remission expectations, expensive costs of treatments and advances in same - provided an illuminating picture of the whole spectrum of living life under the multiple myeloma umbrella. Much detail was shared which resulted in many questions being asked from both a personal and group perspective.

Members were particularly intrigued by the high expense associated with different treatments and everyone commented about how, as patients, they were grateful for the 'free' treatment received and the overall super service provided by the NHS along the way.

A big thanks to Dr Crea for being so transparent, honest and open throughout his presentation and his willingness to answer questions. Members learned much and already look forward to inviting him again to attend a future meeting. *(Thanks to Martyn for this.)*

### Visit to Manchester Cathedral

Our next group outing will be to Manchester Cathedral. Please bring your diaries to the next meeting so we can plan the next date, probably in September, when we can go to the Cathedral.



### Puzzle: Answer to Trackword 14: 'PROGRAMME'

R	C	D
E	L	O
S	T	G

#### Trackword 15

Can you find the 9 letter word by tracking from one square to the next, going up, down, sideways or diagonally but only using each square once?

Answer next time.