



MYEWORD

WEST PENNINE MYELOMA SUPPORT GROUP NEWSLETTER

ISSUE 116 | SEPTEMBER 2025

NEXT MEETING

Monday 22nd September at 1pm at The Fusilier Museum, Bury, BL9 0DF

PRESENTATION

Coping with Fatigue - Charlotte Brosnan, Macmillan Information and Support Services.

WELCOME TO OUR NEW MEMBERS

New members: None to report at present

COMMITTEE MEMBERS

Chair - Christine Hacking 07980 398109

Treasurer - Christine McLeod 07599 391994

Martyn Warburton 0161 797 9730

Karen Lees 0161 761 3699

Linda Bowker 07976 921764

Barry Bowker 07815 736448

ABOUT

The group meets in Bury but welcomes members from Lancashire and Greater Manchester. It provides emotional and educational support for people with Myeloma together with their carers, families and friends.

We normally meet every 6 weeks on either a Monday or a Tuesday (see dates below) at 'The Fusilier Museum', Bury, between 1.00pm and 3.30pm.

We are a very friendly and welcoming group and always encourage others to join us so please come along to any of our meetings. You can also use our website or contact us directly by email or telephone.

FUTURE MEETINGS / OUTINGS

Saturday 20 September	Trip to Granada Studios at 3.00pm
Monday 22 September	'Coping with Fatigue' : Charlotte Brosnan, Macmillan Information and Support Services
Tuesday 30 September	Trip to Rochdale Town Hall
Tuesday 04 November	'Safe and Sound Wellbeing' : Russ Magnall
Monday 08 December	Christmas Lunch at 12 noon

WHAT'S HAPPENING.....???

: **The Committee** are meeting on the 12th September to discuss administrative and policy / practice issues in respect of the support group. These will include committee member roles, selecting dates for group meetings, finalising recommendations for speakers and external visits, financial matters, supporting a 'partnership programme' with Myeloma UK, and importantly, making the arrangements for Xmas lunch!!

: **A HUGE THANKS!!**.....goes to one of our newest members.....**Paula Cotton**. Stepping into the breach when our previously arranged presenter could not come along to our August meeting, Paula, who works as an Occupational Therapist for Bolton MBC, gave a splendid presentation on 'Equipment and home adaptations to aid daily living' which was so very well received by members. Joan circulated Paula's presentation notes via e-mail on 18.08.25. They contain very helpful contact information.

: **Christmas Lunch**, Owen's Restaurant, Ramsbottom, on the 8th December. Whilst the venue has already been booked details, including menu choice / dietary options, meal cost (part subsidised via our support group funds), payment collection arrangements will be circulated shortly. Please come along if you can.....it's a great occasion!

: **Trip to Granada Studios** on 20th September at 3.00pm. This is a free trip. Please let Christine know asap if you wish to go as the studio need an indication of numbers attending.

: **Questionnaires** – these have already been circulated and several responses received. Could members please complete same if you have not already done so. Reply directly to Joan please asap.

: A big thank you to Jeremy Sayle, son of the late Yvonne, who was delighted to donate, as a token of his appreciation and support for our group.....£130.

: **WELL DONE HOLLIE!**..... Christine's 13-year-old granddaughter raised £1300 for Myeloma UK after taking part in a fundraising event where she completed her first ever run of 5k in a great time of 28 minutes.

FUTURE ITEMS – If you have any, and you'd like to share them through inclusion in the Myeword newsletter, please let us know. If you have anything of interest to present to the group or you know anyone who can we'd love that too. As always, member participation is especially welcome.

FINALLY, JUST FOR FUN ...a 'pause for thought!'

: Ask this question all day long, but always get completely different answers, and yet all the answers will be correct. What is the question?

Answer in the next edition – you'll need to read it!! Good Luck!